

## CELCA Grant Application Form

**Application Reference:** SGM 01/03/23.11

**Applicant/Organisation:**

Responding to requests from people in the community, to set up T'ai Chi classes at Longformacus Village Hall. They will be run by John Wilson, a T'ai Chi teacher from Duns. These classes are open to adult women and men of all ages.

**Reason for Application:**

This application is for three initial sessions to take place in May. Then to carry on continuous classes from September, over thirty sessions.

The plan is for these classes to take place in Longformacus Village Hall, time to be agreed.

The yoga teacher is John Wilson.

Up to the maximum number of students permitted (10-15)

**Benefit to the Community:**

The classes provide an opportunity for participants to improve their health and wellbeing, and to meet and socialise with other members of the community.

**Disability Provisions:**

All new/prospective students will be asked whether they have health issues or other individual needs which may affect their ability to practise T'ai Chi. The aim is for classes to be as inclusive as possible.

**Details of Funding Requested:**

ITEM	QTY	COST
Teacher fees @ £95.00 per class	33 classes	£3,135.00
Teacher mileage@ £5.00 per class	33 classes	£165.00
Hall hire	33 sessions	£66.00
Postcards to advertise the classes locally		£163.00
<b>TOTAL PROJECT COST</b>		<b>£4,123.00</b>

**Amount requested from CELCA: £4,123.00**

**Details of other sources of funding:**

Students make a payment for each block (approx. 8 classes), at the rate of £3 per class.

The maximum total contribution by, say, 10 students attending 33 classes will be £999, however:

1. We suggest that any new students should be allowed to attend one trial class for free
2. The total student contribution will be reduced or increased if the classes run with minimum or maximum numbers

**Contributions from Applicant/Organisation:**

None

**Dates of Project:**

May 23 - May 24